

Body Measurements For Pant

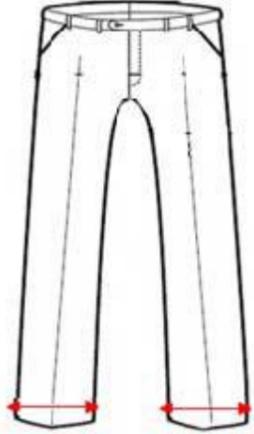
(Ask a friend for help or have your local tailor measure you based on our guide)

	<p>1. WAIST Wearing trousers and a shirt put the measuring tape around your waist at the height were you would wear your pants and adjust to your designed snugness with room for a finger. Make sure the tape is snug and does not ride over the waistband but you should be able to put your index finger inside the tape.</p> <p>As a guide, this measurement will be about 2 inches above what you take off-the-rack as they like to flatter, but unfortunately we need real measurements.</p>
	<p>2. HIPS Wearing trousers, measure around the fullest part of your hips, placing a finger between your body and the tape. Make sure the tape is straight at all times.</p> <p>Make sure your pockets are empty and the tape is not restrictive. As a guide, you should not make the tape too snug. You only just need to be able to feel the tape when measuring.</p>
	<p>3. Crotch Place the tape measure as shown in the picture and measure from one side of the top of the waistline to the other.</p>
	<p>4. THIGH WIDTH Wearing trousers, empty your pockets then, Start at the top of your inseam, measure around your thigh with room for a finger.</p>
	<p>5. KNEE Measure around your knee at its widest point. You need only measure one knee.</p>
	<p>6. INSEAM Measure from the lowest part of your crotch area to the floor.</p> <p>Make sure the tape is tight along the inside of your leg, that you are standing straight, and then measure. No shoes please!</p>



7. Trouser Length

Measure the length of the trousers by measuring the leg between the top of the waistline at the side seam until the end of the trouser or where you want the trouser to end. this is usually on the rear shoe heel if you are wearing shoes. (we advise you to take this measurement wearing shoes in order to have a better idea of the ideal length).



8. HALF HEM

Measure the width you want for the bottom of your trousers.